



## Why We Walk?

*We walk because hearing loss is a public health issue in the United States.*

- 48 million (20 percent) Americans have some form of hearing loss
- 26 million have noise-induced hearing loss that could be prevented
- 2 to 3 out of every 1,000 children are born deaf or with a hearing loss
- 60 percent of the people with hearing loss are either in the work force or in educational settings

Many people do not know where to find information and support they need to adjust to living with hearing loss. When someone has a hearing loss it affects everyone they interact with - family, friends, co-workers, employers, neighbors - we all need to understand the impact of hearing loss and how to communicate with people with hearing loss.

What **YOU** can do!

- **Start or join a team** – there are many of us who have our own teams!
- **Write or call your friends and family to ask for a donation** – it is tax deductible
- **Get a sponsorship.** Please see the next page for sponsor opportunities. Who to ask? Your audiologist, chiropractor, doctor, hairdresser, automotive dealers, insurance agents, the list goes on! For a mere \$100, they can have a sign on the walk course.
- **Donate to the walk**  
Food – granola bars, fruit bars, bite size candy (without nuts), bubble gum, coffee, bottled water, napkins, plates, and other items. You can buy bulk items from Sam's or Costco. **If you would like to donate something, please bring it to the September meeting. Kathy can take it home and list the donations so she knows what she still needs to purchase for the walk.**
- **Help at the walk**
  - Set up on walk day
  - Make coffee and hot chocolate
  - Blow up balloons
  - Put up signs
  - Man a water station on the walk route
  - Meet, greet and thank those who come to our walk!

**Contact Kathy Patrick if you would like to volunteer for walk day. She will have a list of where volunteers will be needed.**

If you know of anyone who would be willing to donate something for an attendance prize, contact them! It could be anything for kids or adults. Perhaps you know someone who is good at making gift baskets? Do you know someone in the service business who could offer a gift card to be used as a prize? Do you know someone who is good at baking who would like to contribute some home made goodies for a donation? The possibilities are endless!

Finally, you can donate to the walk by giving a donation for a team already set up. We would appreciate anything you can do whether it is time, donating a food item or donating money. Anything you do would be greatly appreciated!

Please do not hesitate to contact Kathy if you have any questions about volunteering, want to request a specific volunteer job, or have questions about the sponsorship. Kathy's email is [kathyp2880@gmail.com](mailto:kathyp2880@gmail.com) or call 636-296-2393.

***Let's Walk for Hearing!***